Foreign Activities

One H.E.A.R.T.T.'s target service delivery areas are the San Francisco Bay Area in California, rural areas within West Alabama, Pretoria, South Africa and surrounding areas, and Cape Town, South Africa and surrounding areas. These services will extend to other regions both within the United States of America and abroad as opportunities become available.

In general, our foreign activities can be summed up into four categories: therapeutic programs, contributions, disaster relief and aid, and educational programs.

- Foreign programs in Pretoria and Cape Town, South Africa include developing therapeutic programs for disadvantaged individuals such as: psychotherapy groups and individual sessions for children born of rape and their mothers, psychotherapy and referrals for genocide survivors, organizational workshops and lectures on culturally aware treatment for clients and patients, individual medical and psychological treatments, and community events.
- Foreign contributions in Pretoria and Cape Town, South Africa include assistance given to individuals or organizations which have been selected by the board of directors after conducting due diligence and a thorough investigation. The process of selection is in accordance with all applicable laws and regulations concerning our exempt status such as collecting information (i.e. physical address, phone number, mailing address, website, relationships with other organizations, financial standing which includes past and present, and governance).
- Foreign disaster relief in Pretoria and Cape Town, South Africa and aid include our efforts to provide aid to victims of natural disasters and/or of sectarian and ethnic violence as has been detailed in our Narrative of our Activities subtitled. Disaster relief
- Foreign educational programs in Pretoria and Cape Town, South Africa include our efforts to provide educational based lectures, slideshows, and in-field training and instruction as has been detailed in our Narrative of our Activities subtitled: Education.